

CHEERLEADING TRYOUTS: INFORMATION SHEET

Thank you for your interest in cheerleading tryouts for the 2021-2022 cheerleading team! I, Ms. G, am so excited to get the opportunity to work with you!

Let me briefly introduce myself. My name is Ms. Rachel Goelzhauser (you can call me Coach G) and this will be my second year as cheerleading coach at Meigs! This will be my sixth year teaching fifth grade Science and Social Studies at Meigs. Cheerleading has always been a passion of mine. I was a four-year member of the NCA Team coaching Cheer camps to different high schools around the country. Prior to that, I was a member of my high school's competitive and varsity squads as well as a member on a competitive, all-star cheerleading team. I also have a background in dance and have competed on a number of competitive and all-star dance teams. Coaching at Meigs is such a privilege, and I am excited for what this upcoming season has in store for the squad!

Below you will find information regarding pre-tryout requirements, cheerleading clinics, and cheerleading tryouts. Please read all information thoroughly. If there are any remaining questions, concerns, or conflicts, please email me: rachel.goelzhauser@mnps.org.

PRE-TRYOUT REQUIREMENTS

In order to participate in cheerleading tryouts, all prospective members must officially sign-up for tryouts by completing the sign-up sheet outside of Ms. G's classroom (room 206, fifth-grade hallway). Also, all prospective members must complete and submit a packet of forms. In addition to the necessary athletic/medical forms, the packet includes a teacher recommendation form and a student information sheet. The packet of forms will be available outside of Ms. G's room. The forms must be completed and returned to Ms. G by Friday, 13 August 2021.

**Note: The required physical must be dated after 15 April 2021.

CHEERLEADING CLINICS

Cheerleading clinics will be held prior to cheerleading tryouts. The purpose of cheerleading clinics is for prospective members to learn the tryout material: chant, cheer, and dance. Also at cheerleading clinics, prospective members will practice motions, jumps, and tumbling. There are three cheerleading clinics this year. Clinic #1 and Clinic #2 are mandatory. All tryout material will be taught and rehearsed. Clinic #3 is optional. This clinic is designed to provide prospective members with extra practice and feedback before the final tryout. While prospective members will not be "scored" during cheerleading clinics, notes of participation, behavior, attitude, etc. will be made.

CLINIC	DATE	TIME	LOCATION
Clinic #1 (Mandatory)	Monday, 16 August 2021	3:15-4:45	GYM
Clinic #2 (Mandatory)	Tuesday, 17 August 2021	3:15-4:45	GYM
Clinic #3 (Optional)	Thursday, 19 August 2021	3:15-4:45	GYM

For cheerleading clinics, prospective members are expected to wear black shorts and a white t-shirt or tank top. The t-shirt or tank top should be solid with no labels, designs, etc. Cheerleading shoes or tennis shoes are expected; absolutely no sandals or bare feet. Hair needs to be pulled back in a ponytail with all bangs pinned and/or sprayed back. Bows should not be worn for cheerleading clinics.

Prospective members will have from 3:00-3:15 to change and prepare for cheerleading clinics. During this time, it is recommended that prospective members hydrate (lots of water) and have a snack for some extra energy!

CHEERLEADING TRYOUTS

Cheerleading Tryouts will be held on Friday, 20 August 2021. Tryouts will be held from 3:30 until approximately 5:00. From 3:30-3:45, prospective members will review the clinic material (chant, cheer, and dance) as a whole group. Potential members will then be placed into tryout groups: groups of 2-3 individuals. During the tryout, prospective members will perform the chant, cheer, and dance with their tryout group. Then, each prospective member will jump and tumble (if able). The panel of judges will evaluate each prospective member's performance and skills. There will be no outside persons (parents, friends, etc.) allowed in the tryout room during this time. Each prospective member is able to be picked up after her individual tryout is completed.

For cheerleading tryouts, the same attire for cheerleading clinics is expected. Prospective members are expected to wear black shorts and a white t-shirt or tank top. The t-shirt or tank top should be solid with no labels, designs, etc. Cheerleading shoes or tennis shoes are expected; absolutely no sandals or bare feet. Hair needs to be pulled back in a ponytail with all bangs pinned and/or sprayed back. Bows should not be worn for cheerleading tryouts.

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EXPECTATIONS

For the 2021-2022 cheerleading team, I am looking for 14-18 members who are committed to working hard, learning new skills, and motivating the student body at school events! Members will practice 2-3 times a week and cheer at basketball games and school pep rallies. Members will also be expected to view and practice motion, jump, and chant YouTube tutorial videos (as instructed and posted by myself) throughout the year – working hard on the basic skills that are the foundation of a strong cheerleading team!

Cheerleading team members will be notified Sunday, 22 August 2021, no later than 7:00 p.m. A list of all cheerleading team members will be posted on the Meigs Cheerleading webpage: keimtime206.weebly.com under the cheer tab. On Monday, 23 August 2021, members will receive a new packet of forms to fill out and complete regarding sizing, contact, and student-interest information as well as information regarding summer YouTube videos. The packet must be returned the following day, Tuesday, 24 August 2021.

GOOD LUCK!!!! This will be another very exciting year for Meigs Magnet cheerleading!